

**Pham Cardiovascular Center**

NAME: \_\_\_\_\_ Date of Birth: \_\_\_/\_\_\_/\_\_\_\_\_

Marital Status: \_\_\_\_\_ Occupation: \_\_\_\_\_

**HPI/Symptoms: Please check & describe any of the following symptoms which you have.**

Chest pain/tightness/pressure/discomfort? \_\_\_\_ Approximately when did this begin? \_\_\_\_ How would you describe it (sharp, dull, ache, etc.): \_\_\_\_\_

Does it radiate to other areas of your body? \_\_\_\_ If yes, where? \_\_\_\_\_ In what situations do you usually get the discomfort? Resting Anxiety/tension Sleep Exercise Other \_\_\_\_\_ How long does it usually last? \_\_\_\_\_ What helps it go away faster? \_\_\_\_\_

Shortness of breath? \_\_\_\_ Approximately when did this begin? \_\_\_\_\_ In what situations do you usually get this symptom? Resting Anxiety/tension Lying down Exercise Other \_\_\_\_\_ How long does it usually last? \_\_\_\_\_ What helps it go away faster? \_\_\_\_\_

Palpitations/fast heart rate? \_\_\_\_ Approximately when did this begin? \_\_\_\_\_ In what situations do you usually get this symptom? Resting Anxiety/tension During Sleep Exercise Other \_\_\_\_\_ How long does it usually last? \_\_\_\_\_

Dizziness? \_\_\_\_ Approximately when did this begin? \_\_\_\_\_ In what situations do you usually get this symptom? Resting Anxiety/tension During Sleep Exercise Other \_\_\_\_\_ How long does it usually last? \_\_\_\_\_ Have you ever lost consciousness during one of these spells? \_\_\_\_

Pain in the calves of the legs/hips \_\_\_\_ Approximately when did this begin? \_\_\_\_\_ In what situations do you usually get this symptom? Resting During Exercise Other: \_\_\_\_\_ How long does it usually last? \_\_\_\_\_ Swelling of the feet/ankles/etc. \_\_\_\_\_

MEDICATION LIST, including vitamins and supplements (continue on back of page if more space is needed):

Name	Dose	How often

**DRUG ALLERGIES / ADVERSE REACTION (what happens when you take it?):**


**(FOR OFFICE USE ONLY)**

**FOLLOWUP**

HR	BP	WEIGHT	HEIGHT	O2%

**PAST MEDICAL HISTORY**

**\* Hospitalizations**

Hospital & City	Reason	Doctor	Year

**\*Surgeries**

Hospital & City	Reason	Doctor	Year

**CARDIOVASCULAR HISTORY:**

\* Do you have a history of any of the following?

Diabetes \_\_\_\_\_ Hypertension \_\_\_\_\_ High cholesterol \_\_\_\_\_ Angina \_\_\_\_\_  
Heart Failure \_\_\_\_\_ Heart murmur \_\_\_\_\_ Rheumatic fever \_\_\_\_\_ Valve disease \_\_\_\_\_  
Coronary Artery Disease \_\_\_\_\_ Heart Attack \_\_\_\_\_

\* Have you have had any of the following tests? *If yes, explain when, where, & results if known.*

Treadmill test \_\_\_\_\_  
Heart monitor \_\_\_\_\_  
Heart echo (ultrasound) \_\_\_\_\_  
Nuclear heart scan \_\_\_\_\_  
Heart catheterization/angiogram \_\_\_\_\_  
Pacemaker/Defibrillator (type) \_\_\_\_\_  
Stent \_\_\_\_\_

**FAMILY HISTORY** (use back of page if additional space is needed)

Any **family** history of the following?

If yes, **which family member, maternal or paternal side?**

\_\_\_ Heart attack \_\_\_\_\_  
\_\_\_ Heart failure \_\_\_\_\_  
\_\_\_ Diabetes \_\_\_\_\_  
\_\_\_ High cholesterol \_\_\_\_\_  
\_\_\_ Stroke \_\_\_\_\_  
\_\_\_ Blood clots \_\_\_\_\_

**SOCIAL HISTORY**

Do you **exercise**? \_\_\_\_ How many times weekly? \_\_\_\_\_ Amount daily of **caffeine**: \_\_\_\_\_

Do you drink **alcohol**? \_\_\_\_ How much and how often? \_\_\_\_\_

Do you use **recreational drugs**? \_\_\_\_ Do you **smoke**? \_\_\_\_ How much? \_\_\_\_\_

If you do not smoke now, did you ever? \_\_\_\_ How many years since you've quit? \_\_\_\_\_

**REVIEW OF SYSTEMS:**

**Please check if you are experiencing any of these symptoms:**

**General:** \_\_\_\_ weakness \_\_\_\_ weight change \_\_\_\_ fatigue

**Skin:** \_\_\_\_ easy bruising

**Eyes:** \_\_\_\_ glasses \_\_\_\_ blind spots \_\_\_\_ inflammation \_\_\_\_ double vision

**Ears:** \_\_\_\_ deafness \_\_\_\_ ringing in ears \_\_\_\_ vertigo

**Respiratory:** \_\_\_\_ cough \_\_\_\_ sputum production \_\_\_\_ wheezing \_\_\_\_ coughing up blood

**Gastro-Intestinal:** \_\_\_\_ tooth or gum disease \_\_\_\_ belching \_\_\_\_ heart burn \_\_\_\_ abdominal pain  
\_\_\_\_ constipation

**Genito-Urinary:** \_\_\_\_ difficulty urinating \_\_\_\_ painful urination \_\_\_\_ kidney stones

**Endocrine:** \_\_\_\_ thyroid disorder \_\_\_\_ goiter \_\_\_\_ feel hot or cold when others are not affected

**Neurological:** \_\_\_\_ frequent headaches \_\_\_\_ partial/temporary loss of vision \_\_\_\_ severe headaches  
\_\_\_\_ numbness/tingling of face \_\_\_\_ partial/temporary loss of speech \_\_\_\_ weakness of arms/legs

**Musculoskeletal:** \_\_\_\_ limitation of movement of joints \_\_\_\_ swelling of joints

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**Advance Directive:**

Do you have a DNR (do not resuscitate order)? \_\_\_\_ YES \_\_\_\_ NO

Do you have a designated medical decision maker in case you cannot make medical decisions on your own? \_\_\_\_ YES \_\_\_\_ NO If yes, who is designated? \_\_\_\_\_